As our country grows older and more obese, the number of people living with diabetes is increasing dramatically. While this is occurring, the pool of available endocrinologists and diabetologists (specialists trained to manage diabetes) has remained stable. Currently, roughly 85% of people with diabetes are treated by primary care physicians in primary care settings. This issue was written with you, the primary care provider, in mind.

The management of diabetes is complex. The purpose of this issue of *Primary Care: Clinics in Office Practice* is to help you understand this complexity to better care for your patients. The authors of these articles are a conglomeration of internists, family physicians, endocrinologists, pharmacists, and psychologists who were either trained in or teach in primary care diabetes fellowships. Our goal is to provide a clear, evidence-based, pragmatic roadmap for you to use to improve your patient care.

From prevention, to diagnosis, to treatment, we cover the bread-and-butter diabetes topics. Indications for using the different oral medications and the various injectable agents are clarified. How to choose the right insulin, and how to dose it in the office and in the hospital are described. We highlight the microvascular and macrovascular complications of diabetes, as well as diabetes-associated conditions, such as polycystic ovary syndrome and fatty liver. In addition to the basics, atypical diabetes (eg, LADA, MODY) diagnosis and management are reviewed, as are the implications and complications of diabetes in pregnancy. There is an article devoted to inpatient diabetes management, and one providing practical resources for patients (including links to on-line patient education resources and patient assistance programs). Psychosocial issues, including diabetes distress, depression, and disordered eating, are discussed. Rapidly changing technology, including insulin pumps, continuous glucose monitoring, and smart phone apps (among other advances) are addressed by two fellowship-trained diabetologists.
We hope this evidence-based, up-to-date issue helps you and your patients and increases your comfort with the ever-expanding specialty that is primary care diabetology.

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